

# CALGYM

BY TUFFSTUFF FITNESS



**TUFFSTUFF**  
FITNESS

# TuffStuff Fitness OFFICE & FACTORY

Since its inception nearly four decades ago, TuffStuff Fitness has become recognized worldwide as a leading manufacturer of high quality consumer and commercial strength products. Throughout its history, TuffStuff Fitness has been at the forefront of cutting edge technology in the fitness industry, developing and introducing innovative fitness equipment that has stood the test of time and become industry standards.



Since 1971 TuffStuff has always focused on one thing; the design, development and manufacture of premium fitness equipment.

Although the fitness industry has changed drastically in the last ten years, TuffStuff still maintain a full service, modern manufacturing facility in Chino, California, USA. Every design and engineering process begins here – from concepts and engineering to prototypes, testings and design refinements.



The only fitness company in the United States with the capability to produce and manufacture any product it sells.

At TuffStuff we are committed to improving the lives of our customers by providing quality fitness products and solutions that earn their trust and build lifetime relationships.



*Decades of experience . . . innovative results!*

# CalGym SPECIFICATIONS, FEATURES & WARRANTY

- Heavy duty 2" x 4" 11-gauge oval steel frames combined with 2" 11-gauge round tubing accents.
- Sealed 2" roller bearings and 1" diameter solid steel axle encased in machined housing on all primary pivot points.
- 1" solid steel axles with 1" bronze oil lite bushings on all secondary pivot points.
- 4-1/2" and 3-1/2" diameter fiberglass reinforced nylon pulleys with sealed bearings enclosed in protective steel covers.
- High density EMR Urethane foam padding with double-stitched upholstery secured to 3/4" plywood backing.
- Electrostatic powder coat finish in Platinum Sparkle with Charcoal accents (other color options available for additional charge).
- USA-Made/Certified 2200 lbs. 3/16" military-spec nylon coated cable.
- Magnetically secured selector pins and steel weight stacks are easily accessible from seated position.
- 3/4" precision ground, hard chrome finish, solid steel guide rods.
- Composite SMC safety weight stack enclosures with decorative built-in storage compartment cover.
- Biomechanically designed 7-gauge steel cams provide proper resistance curves throughout full range of motion.
- Thermoplastic rubber handgrips secured with aluminum end caps for durability and improved feel.
- Protective rubber stabilizer feet with anchoring holes provided on all machines.



## WARRANTY\*

### TEN (10) YEARS:

- Structural main frames, welds, cams and weight plates.

### FIVE (5) YEARS:

- Pivot bearings, pulleys, bushings, guide rods and gas shocks.

### ONE (1) YEAR:

- Linear bearings and pull-pin components.

### SIX (6) MONTHS:

- Upholstery, cables, finish and rubber grips.

**ALL OTHER PARTS**, not mentioned, one year from the date of delivery to the original purchaser.

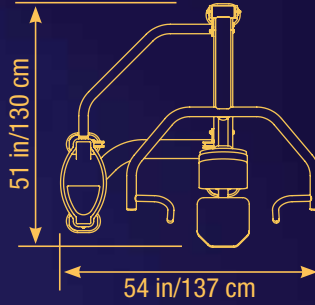
**REGISTER ONLINE:** [www.tuffstufffitness.com/productregistration.jsp](http://www.tuffstufffitness.com/productregistration.jsp)

\* See Owner's Manual for details

**NOTICE:** TuffStuff continually engages in research related to product improvement. As a result, the product received by the customer may differ slightly from its published description. Improvements in materials, production techniques and design refinements may at any time be introduced into our products. TuffStuff reserves the right to make changes in its product without notice

# CG-7501 SHOULDER PRESS

- Full length back pad provides maximum comfort and support.
- Ergonomic multi-position handles allow standard and neutral grip presses.
- Ratchet-style telescoping seat pad adjustment accommodates various size users.
- Sealed 2" roller bearing with solid steel shaft for smooth press movement.
- 200 lbs. steel weight stack.

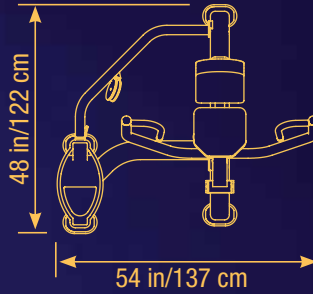


Ht: 59 in/150 cm  
Wt: 455 lb/206 kg  
Sh Wt: 515 lb/234 kg



# CG-7502 CHEST PRESS

- Easy access adjustable seat pad accommodates various size users.
- Ergonomic multi-position handles allow standard and neutral grip presses.
- Full length back pad maximizes user comfort and support.
- Correct pivot position ensures proper exercise biomechanics.
- 200 lbs. steel weight stack.

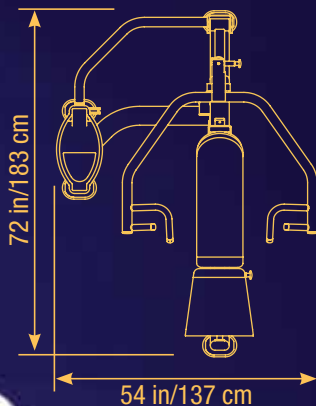


Ht: 59 in/150 cm  
Wt: 440 lb/200 kg  
Sh Wt: 500 lb/227 kg



# CG-7503 MULTI PRESS

- Unique multi-position bench allows for variety of press exercises.
- Smooth roller style seat assembly offers quick and easy transition between flat, incline, and shoulder press movements.
- Multiple grip design provides greater user comfort and variety.
- Adjustable press bar with ergonomic handles ensures a custom fit.
- 200 lbs. steel weight stack.

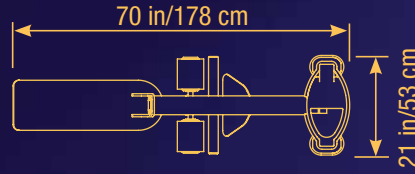


Ht: 59 in/150 cm  
Wt: 510 lb/231 kg  
Sh Wt: 570 lb/259 kg



# CG-7504 DUAL LAT/ROW

- Dual function lat and low row exercises.
- Adjustable thigh hold down pads accommodate various size users.
- Oversized bench allows seated row exercises.
- Durable rubber coated foot rests provide secure brace positioning.
- 200 lbs. steel weight stack.

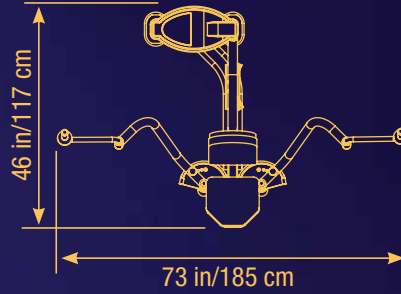


Ht: 80 in/203 cm  
Wt: 475 lb/215 kg  
Sh Wt: 530 lb/240 kg



# CG-7505 PECTORAL CONTRACTOR

- Biomechanically correct exercise design with rotating handle bar.
- Chrome plated adjustment cams allow multiple pre-stretch positioning.
- Ratchet-style telescoping seat offers quick and easy positioning.
- 200 lbs. steel weight stack.



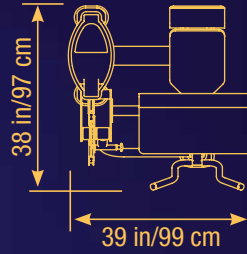
Ht: 59 in/150 cm  
Wt: 435 lb/197 kg  
Sh Wt: 490 lb/222 kg





# CG-7506 DUAL BICEP/TRICEP

- Unique handle design allows bicep and tricep exercises.
- Deluxe contoured arm pad enhances user comfort.
- Adjustable leg hold down pads accommodate various size users.
- Multiple start positions for both exercises with range of motion feature.
- Ratchet-style telescoping seat offers quick and easy positioning.
- 150 lbs. steel weight stack.

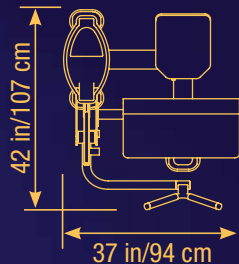


Ht: 59 in/150 cm  
Wt: 370 lb/168 kg  
Sh Wt: 435 lb/197 kg



# CG-7507 BICEP CURL

- Ergonomic “V” handle design maximizes muscle isolation.
- Deluxe contoured arm pad enhances user comfort.
- Ratchet-style telescoping seat offers quick and easy positioning.
- Biomechanically advanced cam design ensures correct resistance curve.
- 150 lbs. steel weight stack.

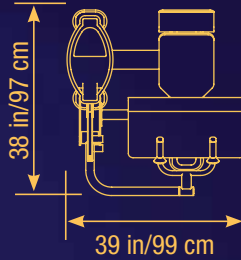


Ht: 59 in/150 cm  
Wt: 350 lb/159 kg  
Sh Wt: 415 lb/188 kg



# CG-7508 TRICEP EXTENSION

- Deluxe contoured arm pad maximize user comfort and proper positioning.
- Neutral grip handle design enhances muscle isolation and minimizes joint strain.
- Adjustable leg hold down pads accommodate various size users.
- Biomechanically advanced cam design ensures correct resistance curve.
- Ratchet-style telescoping seat offers quick and easy positioning.
- 150 lbs. steel weight stack.

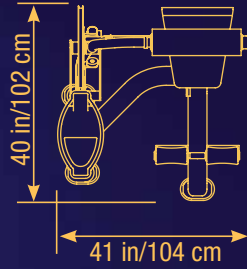


Ht: 59 in/150 cm  
Wt: 360 lb/163 kg  
Sh Wt: 425 lb/193 kg



# CG-7510 DUAL ABDOMINAL/BACK

- Quick-set torso pad easily adjusts for both abdominal and back exercises.
- Seat belt enhances user comfort, support and safety.
- Oversized seat accommodates a wide variety of user sizes.
- Rubber coated foot brace and upholstered foot rolls help keep user in proper alignment.
- 200 lbs. steel weight stack.

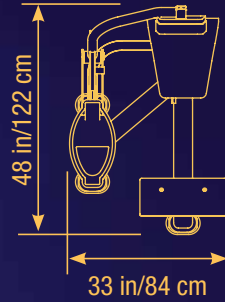


Ht: 59 in/150 cm  
Wt: 430 lb/195 kg  
Sh Wt: 495 lb/225 kg



# CG-7511 BACK EXTENSION

- Oversized back pad maximizes user comfort.
- Extended seat pad accommodates various size users.
- Seat belt for enhanced user comfort, support and safety.
- Non-skid diamond plate foot brace.
- 200 lbs. steel weight stack.

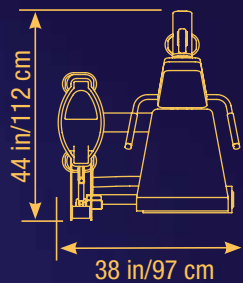


Ht: 59 in/150 cm  
Wt: 425 lb/193 kg  
Sh Wt: 490 lb/222 kg



# CG-7512 LEG EXTENSION

- Ratchet-style telescoping back pad offers quick and easy positioning.
- Self-aligning foot roll accommodates various size users.
- Biomechanically correct seat angle ensures maximum muscle isolation and user comfort.
- 200 lbs. steel weight stack.

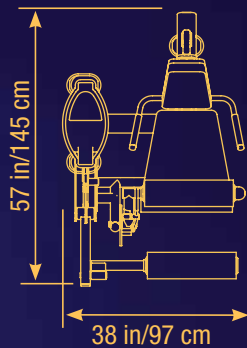


Ht: 59 in/150 cm  
Wt: 420 lb/191 kg  
Sh Wt: 485 lb/220 kg



# CG-7513 LEG CURL

- Ratchet-style telescoping back pad offers quick and easy positioning.
- Convenient multi-position thigh hold down pad ensures proper exercise form.
- Self-aligning foot roll accommodates various size users.
- Biomechanically correct seat angle ensures maximum muscle isolation.
- 150 lbs. steel weight stack.

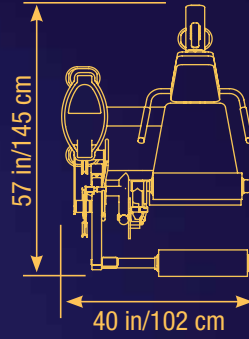


Ht: 59 in/150 cm  
Wt: 405 lb/180 kg  
Sh Wt: 470 lb/232 kg



# CG-7514 DUAL LEG EXTENSION/CURL

- Unique dual design allows for leg extension and leg curl exercises.
- Convenient adjustment handles allow easy transition between exercises.
- Ratchet-style telescoping back pad offers quick and easy positioning.
- Self-aligning foot roll accommodates various size users.
- 200 lbs. steel weight stack



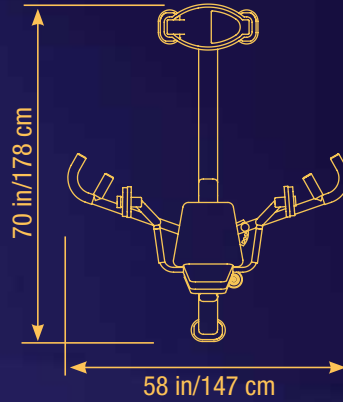
Ht: 59 in / 150 cm  
Wt: 465 lb / 211 kg  
Sh Wt: 530 lb / 240 kg





# CG-7515 DUAL INNER/OUTER THIGH

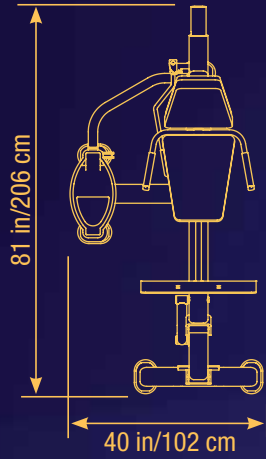
- Unique dual design allows for adduction and abduction exercises.
- Swivel thigh pads allow quick exercise set up.
- Multiple start positions for both inner and outer thigh exercises.
- Built-in handles for support.
- 150 lbs. steel weight stack.



Ht: 59 in/150 cm  
Wt: 405 lb/184 kg  
Sh Wt: 470 lb/213 kg



# CG-7516 LEG PRESS



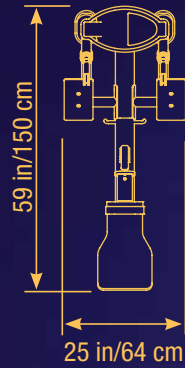
Ht: 80 in/203 cm  
Wt: 575 lb/261 kg  
Sh Wt: 650 lb/295 kg

- 4-bar linkage design ensures correct ankle and knee alignment during exercise.
- Convenient adjustment handle allows for simultaneous seat and back pad adjustment from seated position.
- 200 lbs. steel weight stack. 2:1 cable ratio allows up to 400 lbs. resistance.



# CG-7517 SEATED ROW

- Dual handle design allows unilateral and bilateral movement for maximum muscle conditioning.
- Ratchet-style telescoping chest support for quick and easy positioning.
- Oversized seat design accommodates various size users.
- Self-aligning ball bearing swivel pulley for smooth movement.
- 200 lbs. steel weight stack.

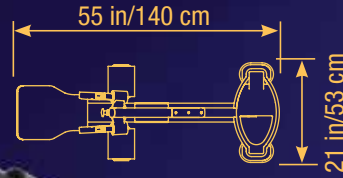


Ht: 80 in/203 cm  
Wt: 435 lb/197 kg  
Sh Wt: 490 lb/222 kg



# CG-7518 LAT PULLDOWN

- Dual handle design allows maximum muscle conditioning.
- Adjustable thigh hold down pads accommodate various size users.
- Self aligning ball bearing swivel pulleys for smooth movement.
- 200 lbs. steel weight stack.

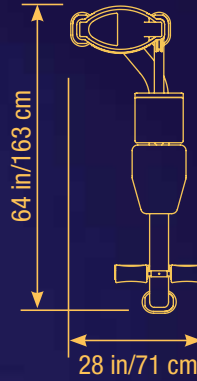


Ht: 80 in/203 cm  
Wt: 445 lb/202 kg  
Sh Wt: 500 lb/227 kg



# CG-7519 ABDOMINAL CRUNCH

- Ergonomically designed, contoured back pad ensures maximum muscle isolation and back support.
- Padded ab-strap provides comfort and ease-of-use.
- Adjustable seat accommodates wide variety of user sizes.
- Rubber coated foot brace and upholstered foot rolls help keep user in proper alignment.
- 150 lbs. steel weight stack.

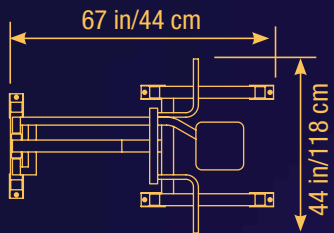


Ht: 59 in/150 cm  
Wt: 380 lb/172 kg  
Sh Wt: 435 lb/197 kg



# CG-7525 WEIGHT-ASSIST CHIN/DIP TRAINER

- Unique 3-position pre-stretch device allows customization of knee pad start position.
- High density EMR knee pad pivots off 1" solid steel pivot shaft on internally encased 2" commercial grade roller bearings.
- Full length protective steel shrouds help prevent unintended weight stack contact.
- 200 lbs. steel weight stack provides counter-balanced weight assistance in 10 lbs. increments.



Ht: 80 in/203 cm  
Wt: 458 lb/208 kg  
Sh Wt: 518 lb/235 kg





PHOTO COURTESY OF GYM SOURCE



Multi-Press

WEIGHT RESISTANCE

20
30
40
50
60
70
80
90
100
110
120
130
140
150
160
170
180
190
200

# TUFFSTUFF

## FITNESS

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